

## COVID-19 Testing

Chenango County has 12 lab confirmed cases of Coronavirus at this time. We understand that this number seems low. Testing has been very little due to the lack of test kits available to our hospital.

These 12 lab confirmed cases of Coronavirus are NOT an indicator of the amount of disease in the community. If more tests were available, more individuals would be identified as positive. This is why it is SO important to continue to take precautions and protect ourselves from the virus.

Please remain vigilant. Follow the recommendations to protect yourself and others from COVID-19. This will help reduce the spread of the virus and keep yourself and our community healthy.

- ✓ Wash your hands and cover your coughs. Clean and disinfect frequently.
- ✓ Practice “social distancing” by staying at home, keeping a 6 foot distance from others, and avoiding gatherings.
- ✓ Protect those most at risk. Avoid visiting those at health risk, offer help in getting supplies for at risk people, and take special caution to avoid exposing them by keeping a 6 foot distance.
- ✓ Cough or sneeze into a tissue then dispose of it appropriately, or into your elbow if you don't have a tissue.
- ✓ If you're sick, do not go to work and monitor your symptoms!

It is extremely important to follow these guidelines at this time. S

For more information about COVID-19:

NYS Hotline 1-888-364-3065

SUNY UPSTATE Hotline 1-315-464-3979

Bassett Hotline 607-547-5555

UHS Phone line 607-763-5555